

Microwave Pineapple Cakes

A simple yet tasty recipe to try at home! Some children tasted Pineapple for the first time and were very keen!



Recipe for:

Microwave pineapple cakes

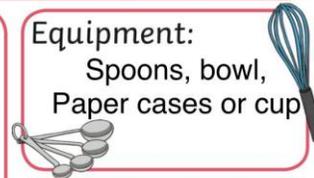
Ingredients:

2 tbsp sunflower oil, + extra
5 tbsp self-raising flour
2 tbsp caster sugar
3 tbsp milk
¼ tsp mixed spice cinnamon
8 pineapple chunks
1 tsp icing sugar



Equipment:

Spoons, bowl,
Paper cases or cup



Description:

Sponge pudding
cakes. Measure,

Instructions:

Grease the mug or case with oil.
Mix flour, sugar, oil, milk & spice. Stir in the pineapple
chunks.
Microwave on high for 2 minutes, or until risen. Leave to stand
for 2 minutes. Eat from case or Run a knife around the edge of
the cake & place a small plate on top of the mug. Invert the
cake onto plate. Sprinkle sifted icing sugar & serve

