



# Woodstone Community Primary School

Heather Lane, Ravenstone, Leicestershire, LE67 2AH  
Tel: 01530 519473 email: [wpsoffice1@woodstone.leics.sch.uk](mailto:wpsoffice1@woodstone.leics.sch.uk)  
Headteacher: Mr P Mullins  
Deputy Headteacher: Miss G Clement

*Growing together, Learning forever*

Wednesday 29<sup>th</sup> March 2023

Dear Parent/Carer,

## Re: Year 4 Relationships and Sex Education (RSE) and Health Education

In school, we help children learn to respect themselves and others and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships Education and Health Education, which are statutory parts of the broader subject, PSHE.

As part of our programme we provide Relationships and Sex Education (RSE). This programme begins as soon as children arrive in school and continues until the end of secondary school. There is more information about the areas your child will be covering below. We are very aware that the RSE we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children's learning in this area takes place with you at home.

We hope this letter gives you some more information about our partnership in developing children's knowledge, skills and attitudes relating to RSE. Our Relationships Education Policy, which covers RSE, is available on the website.

We will shortly be beginning some work in Year 4 about growing and changing. Our Relationships and Sex Education Unit topic covers some elements of Science, Relationships education and Health Education.

Your children will be engaging with the following questions as part of this work:

- What are the main stages of the human life cycle?\*
- How did I begin? (Sex Education)
- **What does it mean to be 'grown up'?**
- **What am I responsible for now and how will this change?**
- **How do different caring, stable, adult relationships create a secure environment for children to grow up?**

\* = Part of the National Curriculum for science

**Bold** = statutory areas of Relationships or Health Education

We encourage you to discuss these areas with your child before, during or after our topic, as children say that they greatly value being able to talk with their parents/carers about these issues.

To read the government guidance for Primary parents/carers on RSE, follow this link

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/907638/RSE\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/907638/RSE_primary_schools_guide_for_parents.pdf)

Please note, you have the right to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. In Year 4 this is covered when engaging with the question 'How did I begin?'. During these lessons, children learn that that babies begin when a male seed and female egg join together. However, you are not able to withdraw your child from the relationships and health aspects of RSE (the questions in bold on the previous page).

If you would like to discuss any issues relating to our work on RSE, or to find out more about the lessons, please contact a member of staff.

Kind regards,



Miss K. Barnes  
PSHE Co-ordinator