

Active Easter Activities

Well done for all your hard work over the past couple of weeks Year One. I thought it would be nice to end the week with some active Easter activities. I will upload more optional Easter activities this weekend 😊

In the Basket

Use a bucket as an Easter basket and a ball/rolled up pair of socks to represent an Easter egg.

How many times can you throw your egg into the basket in one minute?

Have a competition with someone at home and try to beat your scores.



Leaping Lambs

Can you show someone at home how to leap like a lamb?

Can you measure how far you can leap?

Can you find something to leap over?

Can you think of some other jumping movements?



Hide the Eggs

Choose some objects at home to be pretend Easter eggs and have your own egg hunt.

Hide the eggs in the house or garden for someone else to find.

Time how long it takes for them to find the eggs.

Can you find the eggs in a faster time when it is your turn?



Egg and Spoon

Can you balance a ball on a large spoon or bat?

Can you move along with the ball balanced?

Can you go around some obstacles?

Challenge someone at home to your own egg and spoon race.



Land on the Egg

Cut out the shape of an Easter egg to place on the floor.

Can you roll a ball to land on the Easter egg?

Can you move the egg further away?

Can you make the egg smaller?



Tag and Dodge

In our PE lesson, we played a tagging game called Rabbits and Foxes.

Can you invent your own tagging game to play with someone at home?

Can you use the dodging skills that we practised in our lesson?

