

How to be Happy List three things that make you incredibly happy. Then three that make your family incredibly happy. Finally, list three things that could make everyone in the world incredibly happy. Compare the three lists to see if any of the ideas appear in more than one of them. If you had to pick one of these ideas as the most important for happiness, which would it be and why? Jesus' Guidance for Living Many Christians believe Jesus' words and actions show them how to live. He guided them by teaching that the only way to be really happy is by: - Loving God - Loving other people - Being gentle and kind - Being fair, and working to make sure others are treated justly - Forgiving when people hurt and upset us - Being good peacemakers-helping people and nations make friends - Standing up for what is right (based on the Beatitudes: Matthew 5:3-15) Take one of the bullet points from the Beatitudes above. Think what that particular piece of guidance means and produce a drawn image to show how a Christian child might carry out that action in their normal daily lives. S S